

# FINAL EVENT INFORMATION



**RACE VENUE:** Clermont Waterfront Park, 330 Third Street, Clermont, FL.

**RACE PARKING:** Limited parking will be available in the main parking lot at Waterfront Park, but plenty of parking is available in the greater Downtown Clermont area. The preferred parking areas for this event are between 5<sup>th</sup> Street and 8<sup>th</sup> Street, and at Waterfront Park between 5<sup>th</sup> Street and 3rd Street. Please be aware that parking is not allowed on many residential streets near Waterfront Park. Please do not park at the new Clermont Boat Ramp adjacent to Waterfront Park. Special event parking is not allowed in the boat ramp parking lot. Please click [here](#) to view a Downtown Clermont Parking Map.

**COVID-19:** This event has been redesigned to accommodate new safety guidelines related to COVID-19. Most of the changes are identified in the course and event information that follows. Hand sanitizing stations will be spread out across the venue, along with hand washing stations near the portolets. Face masks will be available near the finish line.

**REGISTRATION:** In order to streamline our packet pickup process, there will be no onsite event registration, nor will you be able to change events or update your race entry. All changes must be made in advance online, or by contacting our office.

Friday packet pick-up is from 4:00pm to 7:00pm at the Highlander Building at Waterfront Park. Multisport athletes must pick up their own packets individually and show a photo ID. 5K participants do not need to show an ID and will be able to pick-up packets for friends and family.

**RUN COURSE:** All run courses are out and back on the South Lake Trail. All turnaround points will be marked with signs and will have a course marshal present. It is the responsibility of each athlete to know the course so please study the course maps and become familiar with them prior to the race. 5K runners will run to the furthest turnaround point, several hundred yards past the Lake Hiawatha Trail Bridge.

**RUN WATER STATIONS:** A run water station will be located midway on the course, near miles 1 and 2. Water will be served in cups by volunteers. When you are ready to dispose of your cup, please toss it in one of the many trash cans you'll find along the course. Gatorade will also be available at the midway station.

**COURSE MAPS:** **It is your responsibility to know the course!** We recommend you travel the course in advance of the race. Please study the course maps available online and note the locations of the turns and support stations. You can access the maps from the event website and also from the Downloads Page - <http://sommersportsevents.com/Resources/Maps-Downloads>.

**LITTER:** Please respect the environment by helping keep the Clermont area clean! Do not discard your energy product wrappers (i.e., Bar and Gel wrappers), banana peels and bike bottles along the course. All trash should be discarded at the designated bottle exchange stations and water stops.

**TIMING:** This race will be timed using state of the art race|result disposable tags. The timing tags are attached to the back of your race bib and do not need to be returned. If you or your friends wish to receive text or email results notifications during the race, please make sure you follow the link in the email to authorize messaging via RunSignUp.com.

**RESULTS & AWARDS:** Rather than have multiple lengthy awards ceremonies for the multiple events being held on Race Day, Sommer Sports will be distributing awards via our *Fast Awards* process. Our race announcer will announce when awards are ready for pick-up, typically within one hour of the first finisher of that event. The awards podium and backdrop will be nearby so photos can be captured. Additional information about claiming awards be sent out in another email just prior to the race.

**UNSPORTSMANLIKE CONDUCT:** Unsportsmanlike conduct during any portion of the race will not be tolerated and will result in disqualification!

**VOLUNTEERS:** Please thank the volunteers whenever possible! If you have friends or family members that would like to volunteer on race day, please email vteam@SommerSports.com.

### Event Timetable\*:

**\*All activities take place at Clermont Waterfront Park**

### COOL SOMMER MORNINGS #1 EVENT TIMETABLE\*

*\* Subject to Change*

#### Friday, July 9, 2020

4:00pm - 7:00pm Packet Pick-up all events

Location: Clermont Waterfront Park, 330 3<sup>rd</sup> Street, Clermont, FL 34711

#### Saturday, July 10, 2020

5:30am - 7:00am Packet Pick-up – all events

7:00am **5K START**

7:05am International Distance Triathlon **START!**

7:30am Sprint Triathlon **START!**

7:32am Duathlon **START!**

8:00am Super Fun Sprint Triathlon **START!**

12:00pm Course Support Ends

### RACE SMART!

**A special thanks to our great community partners!**

**BE INSPIRING**  
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